



True Natural Abundance © Carrie Triffet 2021

LESSON TWO WORKSHEET

Homework 1:

Audio meditation: Resting in Trust. (4:53) - Listen before doing the written exercise

Homework 2:

Imagine yourself living in a flow state of natural abundance:

All your needs are automatically met.

Life operates for your highest good in every moment.

You are always safe.

You are infinitely worthy of goodness.

And your Source of supply is constant and unlimited.

If this was your true attitude toward your daily life....

*What would you do for a living?

*How would your life change if you absolutely knew you were safe?

*How would your daily behavior change if you knew your source of supply is constant and unlimited?