



True Natural Abundance © Carrie Triffet 2021

Written Transcript of video lesson two: YOUR TRUE SOURCE OF SUPPLY

What is natural abundance?

Imagine what your life would be like, if you simply trusted that all your needs were automatically met. If you trusted that nothing happens accidentally, and that life is always operating for your highest good in every moment; that you are always safe; that you are infinitely worthy of goodness; and that your Source of supply is constant and unlimited. Imagine what it would be like to naturally expect miracles in every moment. And to be delighted, but unsurprised, as they show up.

Can you even picture it? Can you feel into what that would be like?

Everything about the way you live your life would be different, wouldn't it?

Everything I just described is actually true. But we don't experience it as our own personal daily life truth, because we've collectively built a huge false structure of lack belief over top of that truth. And it completely obscures what's really true, right here, right now, for you. And for me, and for everybody. For every human, no matter who they are. And that huge lie we've built, that huge structure of falsity, is way more compelling and believable than the truth. Weirdly enough. It has an almost irresistible momentum to it.

But the truth is, you're 100% definitely a natural, integral part of that system of infinite goodness that I described. Just by virtue of existing. You're a permanent member of it. There's nothing you need to practice, or study, or attain, or master, in order to make infinite goodness operational for you. You already ARE it. It's part of your true self identity, which is always fully operational and fully accessible, whether you have so far managed to experience it for yourself, or not.

The practice, and the study, and the mastery only comes in, to teach you how to get out of your own way. Really, that's it. Just teaching you how to step out of the false, but persuasive, structures of

lack belief, and just re-learn how to move into the flow. And how to trust in the process. Without you trying to impose any agendas of control onto it. Because any meddling that you do, will only further clog up the flow.

True natural abundance is always here, and it's always available. That incredible sense of safety and belonging, and wholeness. That shimmering, beautiful flow of giving and receiving; of knowing your own true identity, and the true sacred identity of all that you witness. It's all here now. And all of it is effortless. THIS is what's actually true. THIS is really who you are. It's how things are meant to work. But lack belief, and fear and worry, and the need to control—all of that kind of stuff is what gets in the way. That's what tangles you up and stops the flow. It shuts off the source of your supply. So let's look into the source of your supply, a little more closely. The REAL source of your supply.

Your job is not your source of supply

We sort of believe it, right? We, who are on a spiritual path, I mean. Our job is not the source of our supply—even though, let's face it, it often feels like it is.

But through our spiritual practices, we've learned that our infinite Source, is our one and only true Source of supply. We've all heard it, and we kind of mostly sometimes accept that it's true.

Well It IS true. There is one constant, unchanging Source of our supply. And ALL of our needs, by the way—mental, emotional, physical and spiritual, are easily met by our infinite Source. Easily met.

But we have this sort of half-baked, semi-conscious fear, this notion, that maybe our Source can supply us with emotional freedom, or spiritual peace, which would be awesome. Or even possibly we could have physical healing. But our one infinite Source can't (or won't) sort out our need for food or rent. Or all the other mundane requirements of daily life. So we're still completely on our own, when it comes to basic physical survival needs. Right?

So then, here we are, faced with the challenges of living a life in human society—and that's a society that operates entirely based on expectation of lack—and somehow all of that lovely intellectual belief about being infinitely supported by our Source, it pretty much flies out the window. Right?

“My paycheck, or lack thereof, is the source of my supply. Whether or not my boss likes me this week, is the source of my supply. My investments, or my savings account, is the source of my supply. Or my parents, or my spouse, or my government, is the source of my supply.” Whatever.

Or maybe there’s this kind of underlying worry going on... *“well, I USED TO have my source of supply all worked out, but I’m really going to have to struggle hard from now on, to get my needs met, because the economy is doing this or that. Or because mortgage interest rates are going up, and my monthly payment will be higher.”* Or whatever the worry happens to be.

Here is where the ups and downs of the outside world are believed to hold ultimate power over the source of our supply. Which is a perfectly understandable kind of belief. But, when you look at it closely, it’s actually kind of an absurd idea. As if anything of this world is big enough or strong enough to override the eternal, unchanging flow of your universal Source.

This is not some capricious deity, we’re talking about here. Somebody up in the sky who makes random decisions about whether you’re worthy of support this month. Or whether you deserve a car that runs, or being able to make your credit card payments, or whatever it is.

Your infinite Source, or we can call it God if you like, is characterized by an absolutely neutral, magnificent set of universal laws, powered by infinitely perfect divine love. And the mysterious workings of this endlessly loving intelligence, show themselves through frequencies of sound and light, and the properties of electromagnetism. We’re cutting to the chase here, in this rather non-mystical and unpoetic definition. We’re looking at all this purely from a metaphysical perspective. Just to clarify the whole issue a bit. Your divine Source just endlessly does what it does, IS what it is. It’s endlessly streaming its own divine melody, if you like. And you are either harmonizing with it, or not.

So, given what I just said about the eternally unchanging workings of this impartial, unstoppable electromagnetic universe, this endless cosmic symphony, of which your own energetic frequencies are an intrinsic part, by the way, do you honestly imagine that universal divine electromagnetism is making value judgments about which parts of your existence it doesn’t feel like supporting today?

This is not to single you out for thinking this way. We all do it. And It’s totally understandable to operate from those kinds of fear-based beliefs, and the automatic behavioral traps that they invite us into. Those deeply ingrained fear-based behaviors--all that tapdancing, all that efforting, all that

strategizing, and compromising, and laying awake nights, to try and keep all those wayward sources of supply—all those OTHER sources of supply-- all neatly lined up in place.

Your own true identity is the Source of your supply

So let's go even further into the heart of all this.

You really ARE a divine being. For real. And I know I'm always banging on about this, but I really want you to understand that your inherent divinity is not some kind of nice conceptual idea, that you only read about in books. Or ok, maybe you think to yourself, *"maybe it's true, maybe I AM a divine self--but only in some far off, inaccessible future time-space, that I can never hope to experience firsthand."*

No. You're a divine being, right here and right now. There is no difference between the workings of you—and again, we're talking about vibration and frequency and electromagnetism here—and the workings of the infinite universe. You are part and parcel of the whole grand thing. In truth, there is no part of this universe where you aren't. The universe is you. And me. And everyone. You ARE divine. But part of the illusion we live under, is that we can never know or experience our own divinity.

It's a convincing illusion---but really, the bottom line is, it's still just an illusion. Just a suggestion that we habitually run with. And the illusion relies on us having firm belief in its invincibility. That's actually its only power. It doesn't have the power to be true. It doesn't even have any energetic strength to back up its claims. It is solely relying on its ability to convince you that it is all-powerful. Think about that for a minute.

Because here's what happens. As soon as you start releasing your belief in the illusion's inherent power, guess what. Its power starts to wane. Because actually, the illusion has no power of its own. It never did. What it has, once again, is that very convincing hypnotic ability to persuade you to believe in its reality. And in its rock-solid invincibility. Your belief is what makes the illusion invincible. And why is your belief such a potent thing? BECAUSE YOU'RE A DIVINE BEING! Duh. Your power of belief is what powers all things, in this world.

And what you'll discover, as you gradually release yourself from the hypnotic suggestion of lack and limitation, is really quite wonderful. There is nothing to fear, and actually, honestly, nothing to lose, in daring to find out what's beyond the limits of the illusion.

So I guess you could say that's what this class series, is all about. It's about poking lots of little holes in the fabric of that illusion. Because abundance, true natural abundance, is an inherent part of your own true divine identity. It's an aspect of who you are, because it's an aspect of what God is. And you can experience it, right here and right now.

You are as of God

You are made out of your infinite Source. We know this, right? We know it intellectually, at least. You're a chip off the old block, of eternal perfection. A divine spark of infinite love, and of pristinely pure and unlimited supply. There are plenty of other descriptions I could throw in there too, about joy, and peace, and freedom, and whatnot. But I think you get my drift. You are as of God.

My point is, all the descriptions of your endlessly magnificent Source also apply to you. Because you are made out of the same perfect God-stuff as your divine Source. You don't have to earn what you are. Your identity is eternally this, and you have no say in the matter. It's just what you are. The ONLY choice you have, is whether to experience yourself as this, or not.

So basically what I'm saying is, IN TRUTH, you have one Source of supply. And it's an incredibly good one. An incredibly good one. And it's incredibly reliable, and always operational. And it's a part of yourself, that's always available to you. So when you're in harmony with your one natural Source of supply, when you're in alignment with it, you will automatically experience the ease, and flow, and the brilliance of knowing that all your needs will be met, in the most wonderful ways. It's universally guaranteed.

The fine print

But here's the deal, with that. Here's the fine print. Staying in that flow of natural abundance requires all of your trust. Because second guessing that flow, like, *"Oh, this isn't what I asked for. This doesn't look like what I wanted. Has something gone wrong with my flow? How should I change my strategy of receiving, so I can get that thing I think I need?"*

We all have the tendency to think that way sometimes. But every bit of that mindset obstructs the flow of natural abundance. Every single thing about it, is chronically out of step, and vibrationally out of alignment, with your divine Source.

Because, to be in step with your Source, there can be no second guessing, and no fear-based strategizing. And above all, no focus upon getting, as opposed to giving. To be in the flow, means to be in alignment with how your source naturally operates. And your Source naturally knows no fear. And no lack. And so it gives all to all. And it is naturally 100% trustworthy. That's how it operates. So we need to learn how to lean into that--to the best of our ability.

So, Think back to that first lesson, about what it is, to be in the flow of giving and receiving. The flow itself, the infinity loop of limitless generosity—some of which comes TO you, some of which comes FROM you-- this is the beautiful, potent expression of divinity that expresses through you. And it becomes the way you operate in life. And being the nexus of that flow, even just a little bit, is a truly magnificent feeling. So incredible, in fact, that it's an end in itself.

Because it's actually the best thing ever, to know yourself as this. Beyond anything you can imagine. And the good stuff that materializes in your life, or in others' lives, as a result of it? That's honestly just a side-effect. It's nice, but it hardly even matters, in comparison to the incredible miraculous beauty of being in the flow of giving and receiving, as your own true expression of your own divine identity.

So to stay in that divine flow, you need to be willing to cultivate deep trust in your relationship with your Source. Deep, beautiful knowing, that whatever happens is always perfect. No matter what anything looks like. And you need to be able to call upon that deep trust at all times. If you want to stay in your divine flow. Because sometimes it really will not look anything like your preferences.

So it's not like you only trust your infinite Source on good days. Or only on days where everything meets your personal preferences. Your preferences come from your personality self. And that's fine. But bear in mind that your personality self is mainly an expert in lack and limitation. So, sometimes what it wants will be way out of alignment with your own highest good.

You know? You don't actually know what's in your own highest good, in any given moment. We really don't. We may think we know, but realistically, we probably, usually, have no clue. But your infinite Source knows. And your needs are always going to be beautifully met for THIS precise moment. The moment that you are in right now. Which is the only true eternal moment that exists. So, your Source only operates in the immediate now. Because every other measurement of time is a fantasy, basically. And your Source doesn't do fantasy.

So while your highest, most perfect, right-now needs will always be met beautifully no matter what...the moment after that? Well, you'll just have to trust that THAT moment will be met just as beautifully when it arrives. Is God still good, in three seconds from now? Will my divine Source still meet my needs tomorrow, or next week?

You'll have to decide to trust—before you see the evidence of it. The flow of giving and receiving places you always on the forward leading edge, of that infinity loop. Surfing the endless crest of that wave. Knowing nothing in advance. Every moment is a spontaneous miracle of now-moment abundance. And that's what keeps the flow going in effortless, perpetual motion.

But the personality self, if it's allowed to be in charge, will absolutely hate the last-minute uncertainty of all that. The not knowing how it will be, ten minutes from now. It will want to scramble to provide its own more familiar kinds of safety.

And that's one of the great conundrums. What the egoic personality self provides, is never actual safety. It's an illusion of safety that is, in fact, deeply unsafe. Because it takes you immediately out of the flow state, which is the state that holds true eternal divine safety within it. In fact, that flow state is the only place that real safety can ever be found. So, deep trust is one of the key prerequisites for staying in flow with your true Source of supply. And the deeper you relax into that trust, you'll discover, that trust in your Source becomes trust in yourself. Your own divine self. Because, you know what? They're one and the same.